

Dance Class Schedule

Pass Type	Total	Cost per class
8 Class Pass	\$180	\$22.50
4 Class Pass	\$100	\$25
2 Class Pass	\$55	\$27.50
Single Class	\$30	\$30



Adult Class Schedule							
	9 a.m.	10 a.m.	11 a.m.	12 p.m.	1 p.m.	4 p.m.	8 p.m.
Tuesday						Yoga	
Thursday							Adult Jazz
Saturday		Adult Barre Fitness	Cardio Dance Fitness				
Sunday	Yoga	Adult Ballet	Adult Musical Theatre	Adult Jazz	Adult Tap		

Children's Class Schedule						
	4:15 p.m.	5 p.m.	6 p.m.	7 p.m.	7:30 p.m.	8 p.m.
Monday		Comp Rehearsals	Youth Contemporary Age: 9-12	Teen Contemporary Age: 13+		Comp Rehearsals
		Hip Hop Age: 5-7	Hip Hop Age: 8-10	Hip Hop Age: 10-13		Hip Hop Age: 13-18
Tuesday		Child Ballet Intensive Age: 6-8	Youth Ballet Intensive Age: 9-13	Teen Ballet Intensive Age: 13+		
Wednesday		Comp Team Conditioning Age: 6-9	Comp Team Conditioning Age: 10-13		Comp Team Conditioning Age: 14-18	
Thursday	Disney Dancers Age: 3-5	Tap Age: 10+	Youth Musical Theatre Age: 10-13		Teen Musical Theatre Age: 14-18	
		Little Dancers Age: 6-8	Youth Jazz Class Age: 9-13	Teen Jazz Class Age: 14-18		

Yellow classes are 45 minutes			White classes are 60 minutes		Purple classes are 90 minutes	
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Weekly Themes

Monday and Tuesday Classes						
	Youth & Teen Contemporary	Hip Hop Age: 5-7	Hip Hop Age: 8-10	Hip Hop Age: 10-18	Child Ballet	Youth & Teen Ballet
Week 1	Basics	Tutting			Basics	
Week 2	Floorwork	Basics	House Footwork		Ballet Fitness	Floor Barre
Week 3	Improv	Basics	Intro to Breakdance		Intensive?	Ballet Variations
Week 4	Choreography	Basics	Waving		Ballet Fitness	
Week 5	Basics	Basics	Voguing/Waacking		Intensive	
Week 6	Floorwork	Basics		Gliding: Moonwalk & More	Ballet Fitness	Floor Barre
Week 7	Improv	Improv			Intensive	Ballet Variations
Week 8	Choreography	Old Skool			Ballet Fitness	

Thursday Classes							
	Disney Dancers	Tap	Youth Musical Theatre	Teen Musical Theatre	Little Dancers	Youth Jazz	Teen Jazz
Week 1	Cinderella	Basics	Wicked	Chicago	Descendants	Broadway Jazz	Fosse Style
Week 2	Frozen	Broadway	The Greatest Showman	Supercalifragilisticexpialidocious	Broadway Jazz	Technique	Leaps & Turns
Week 3	Encanto	Speed	Supercalifragilisticexpialidocious	Wicked	Technique & Choreography	Flexibility & Strength	Strength & Conditioning
Week 4	The Little Mermaid	Basics	Shrek	Beetlejuice	Flexibility & Stretch	Pop Jazz	Street Jazz
Week 5	The Lion King	Broadway	Beetlejuice	The Greatest Showman	Disney Jazz	Broadway Jazz	Broadway
Week 6	Beauty And The Beast	Speed	Hamilton	Hairspray	Broadway Jazz	Technique	Leaps & Turns
Week 7	Hercules	Freestyle	Newsies	Hamilton	Technique & Choreography	Flexibility & Strength	Strength & Conditioning
Week 8	Moana	Broadway	Hairspray	Newsies	Flexibility & Stretch	Pop Jazz	Street Jazz