

PRIME Times

Programs for Skokie Active Adults 60+

Summer 2026

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Lake Geneva Lunch Cruise



Registration Begins

Residents
May 15 at 8:30 a.m.

Non-Residents
May 22 at 8:30 a.m.

Register for programs and classes at
skokieparks.org

Use the provided 8-digit codes to locate
programs on our registration page.



ACTIVE ADULTS 60+

Oakton Community Center
4701 Oakton St., Skokie

Active Adult Programs

Low rate and sometimes free Active Adults 60+ activities feature drop-in programs, exercise classes, Monday Movies, card clubs, seasonal parties, wellness fairs, shopping trips, lunch and dinner outings, day trips, vacation getaways, Lounge Memberships, and more!

Icon
key:



One day program



Significant
walking



New offering

Programs & Classes

All classes are for ages 60+ and are located at the Oakton Community Center.

Mah Jong Lessons

Learn the basics of this classic game and meet others learning the game, too! Bring your own Mah Jong card to class, which may be purchased at gift shops. Please pre-register for this class at least one week in advance. Instructor: Dalya Horwitz

Beginning

215240-01	Th	6/4-6/25	11A-12:30P	\$29/\$38
215240-03	Th	7/9-7/30	11A-12:30P	\$29/\$38
215240-05	Th	8/6-8/27	11A-12:30P	\$29/\$38

Continuing

215240-02	Th	6/4-6/25	1-2:30P	\$29/\$38
215240-04	Th	7/9-7/30	1-2:30P	\$29/\$38
215240-06	Th	8/6-8/27	1-2:30P	\$29/\$38

Canasta Lessons

Canasta is a fun card game played with many variations. In this class, you will learn them all from beginner to advanced. Instructor: Rosemary Tate

215241-01	M	6/1-6/22	10-11:30A	\$29/\$38
215241-03	M	7/6-7/27	10-11:30A	\$29/\$38
215241-05	M	8/3-8/24	10-11:30A	\$29/\$38

The Journey of Mollie's War: WAC in WWII

Cyndee Schaffer co-authored the book, Mollie's War, with her mother, Mollie Weinstein Schaffer, about Mollie's experiences during World War II, based on the letters she wrote home. Cyndee's presentation will trace the history of women in the military from the beginnings of our country, culminating in the narrative of the Women's Army Corp (WAC) in World War II.

215247-01 F 7/10 11A-12P **\$5/\$7**



Lunch Bunch + Dining Out

All classes are for ages 60+ and depart from the Oakton Community Center unless otherwise noted.

Lunch Bunch 1

Experience a new lunch location each month. Fee includes transportation. Cost of lunch is on your own.

Land & Lake—Rosemont

Land & Lake Rosemont offers a variety of classic Midwestern inspired dishes using locally sourced ingredients.

233161-01 Tu 6/2 11:30A-2P **\$8/\$10**

Grand A Cafe—Mt. Prospect

A friendly neighborhood breakfast and lunch eatery that is family owned and operated.

233161-02 Tu 7/7 11:30A-2P **\$8/\$10**

Shemroon Kabob House—Park Ridge

Using the freshest and most flavorful ingredients, Shemroon offers Persian and Mediterranean entrees.

233161-03 Tu 8/4 11:30A-2P **\$8/\$10**

Dining Out Trips 1

Venture to various restaurants in Chicagoland. Fee includes transportation. The cost of dinner is on your own.

La Zingara Trattoria—Arlington Heights

Family-owned Italian restaurant serving traditional meat, pasta, and seafood dishes.

270862-01 Th 6/18 4:30-8P **\$8/\$10**

Palm Court—Arlington Heights Since 1979, Palm Court has been a family-owned favorite known for its welcoming atmosphere and great food.

270862-02 W 7/22 4:30-8P **\$8/\$10**

Red Barn Restaurant—Mt. Prospect

Open since 2018 in a real barn, Red Barn Restaurant serves good food in a relaxed atmosphere.

270862-03 Th 8/27 4:30-8P **\$8/\$10**



Monthly Mall Trips 1

Monthly Mall Trips

Travel to a new shopping spot each month. Fee includes transportation only.

Aurora Premium Outlet

233162-01 Tu 6/23 9:30A-4P **\$8/\$10**

Oakbrook Center

233162-02 Tu 7/21 9:30A-4P **\$8/\$10**

Pleasant Prairie Outlet

233162-03 Tu 8/25 9:30A-4P **\$8/\$10**

Exercise at Oakton for Ages 60+

All classes are for ages 60+ and are located at the Oakton Community Center unless otherwise noted.

Oakton Tai Chi Chih

Tai Chi Chih explores moving meditation, relaxing the body, refreshing the mind and promoting health and longevity. Improve your weight, blood pressure, balance, flexibility and coordination. Instructor: Alla Meerson

Beginning

254562-01 Tu 6/2-8/25 12:30-1:45P **\$95/\$119**

Continuing

254562-02 Tu 6/2-8/25 11A-12:15P **\$95/\$119**

Easy Does It

Join us for the stretching and bending of both the upper and lower body. Class will not meet on Friday June 19. Class is taught by a volunteer senior instructor

255460-01 M,F 6/1-8/28 10:15-11:15A **\$10/\$13**

Cardio, Strength & Stretch

This low impact aerobics and body sculpting class is designed for mature adults who want a full body workout combined with great music and a variety of exercises. You will work every muscle group using light weights, low impact aerobics, and chair workouts. Sign up for all three days and receive a ten percent discount. Class will not meet on Friday, June 19. Certified instructor: Janis Argianas

Cardio, Strength & Stretch M/W/F

255461-01 M,W,F 6/1-8/28 9-10A **\$250/\$310**

Cardio, Strength & Stretch — M

255461-02 M 6/1-8/24 9-10A **\$95/\$119**

Cardio, Strength & Stretch — W

255461-03 W 6/3-8/26 9-10A **\$95/\$119**

Cardio, Strength & Stretch — F

255461-04 F 6/5-8/28 9-10A **\$88/\$110**

Zumba

Combining high energy music with unique and easy to follow moves, Zumba is designed for the active adult, including beginners. Improve coordination and increase balance with this fun workout. Class will not meet on Friday, June 19. Certified instructor: Ruben Zapata

255462-01 F 6/5-8/28 1:30-2:30P **\$88/\$110**

255462-02 W 6/3-8/26 10:15-11:15A **\$95/\$119**

Dynamic Strength & Balance

This class offers a combination of standing and chair exercises with low impact cardio movement, standing balance work and seated work using bands, hand weights and balls. The last ten minutes of class will offer both seated and standing stretching. The class is perfect for those that want a combination workout. Use of the chair is optional. Instructor: Joanie Bayhack

255463-01 Th 6/4-8/27 2:15-3:15P **\$95/\$119**



BeMoved

BeMoved offers a dance experience designed for people of all fitness levels and abilities focusing on strength, flexibility and balance. It is gentle on the body and easy to follow, with no dance experience necessary. Instructor: Joanie Bayhack

255465-01 Tu 6/2-8/25 10-11A **\$95/\$119**

Move & Groove Line Dance

Get your feet moving and your body grooving as you flow to the rhythms of soul, pop, Latin, and a little bit of country. This beginner class is an introduction to line dance and perfect for those returning to or just beginning their dance journey. Emphasis will be on proper step techniques and how to combine them, foot placement and learning to flow with the music. Line dancing is a fun way to exercise your brain, work on balance, improve your stamina and memory all with low impact to your joints. If you can count to eight, you can line dance! Instructor: Pat Bernard

255470-01 Th 6/4-8/27 6-7P **\$95/\$119**



Active Adult Water Aerobics

Cool off in a fun, calorie burning, muscle toning, low impact workout! Both men and women will benefit from workouts that incorporate cardiovascular conditioning and muscle toning through the natural resistance of water. No make-up for missed classes. Instructor: M/W—Deborah Jimenez; F—Joanie Bayhack

Age: 60+ Location: Skokie Water Playground

Monday

255464-01 M 6/8-8/10 9-10A **\$90/\$113**

Monday Extended

255464-06 M 8/17-8/31 10-11A **\$27/\$34**

Wednesday

255464-03 W 6/10-8/12 9-10A **\$90/\$113**

Wednesday Extended

255464-07 W 8/19-9/2 10-11A **\$27/\$34**

Friday

255464-04 F 6/12-8/14 9-10A **\$81/\$101**

Friday Extended

255464-08 F 8/21-9/4 10-11A **\$27/\$34**

Deep Water Aerobics

By suspending the body in deep water, you have a greater range of motion with fewer limitations. This class incorporates a balanced workout that includes warm-up, aerobic training and cool down. You will burn calories through low impact cardio exercise and muscle strengthening. We provide a floatation belt to use during class. All participants must be able to swim in deep water. Instructor: Debbie Jimenez

Age: 18+ Location: Devonshire Aquatic Center

255469-01 Sa 5/30-8/15 9-10A **\$99/\$124**

255469-02 Su 5/31-8/16 9-10A **\$108/\$135**

255469-03 Tu 5/26-8/11 9:15-10:15A **\$108/\$135**

Day Trips

All classes are for ages 60+ and depart from the Oakton Community Center unless otherwise noted.

Lou's Pizza-Making Experience

If you love Lou Malnati's Deep Dish pizza, then this one-of-a-kind experience is just what you need! You will make your own personal-sized deep-dish pizza at Lou's in Lincolnwood. There will be a tour of the kitchen and history about deep-dish pizza in Chicago. Your lunch will include a garden salad, your personal pizza, soft drinks, coffee, and Carol's Cookies for dessert. Fee includes transportation, lunch, and the pizza making experience.

270260-01 Tu 6/9 11A-2:30P **\$34/\$45**

Tinker Swiss Cottage Tour

Rockford is home to the Tinker Swiss Cottage, a historic Victorian house museum, barn, and carriage house built by the Tinker family. The museum collection contains 98 percent of original pieces from the family. We will take a 90-minute guided tour. Please note that there is no elevator, one flight of stairs to the second floor, and a few stairs to enter the house. Fee includes transportation, tour, and lunch after the tour.

270261-01 Th 6/11 9A-4:30P **\$77/\$100**

Antiques, etc.

Join us for the thrill of the hunt and the magic of finding something special as we stop at new antique and vintage shops in Elgin and in Crystal Lake. Fee includes transportation and lunch.

270262-01 Tu 6/16 9A-6P **\$56/\$73**

Swedish Days

Don't miss our annual trip to Geneva, Illinois, to enjoy Swedish Days! The music, food, crafts and shopping will be sure to please, including the shops in the historic district, and the Little Traveler. This trip has a lot of walking. Fee includes transportation only; the cost of lunch is on your own.

270263-01 Th 6/25 9A-5:30P **\$25/\$33**

Lake Geneva Lunch Cruise

Spend a few hours cruising the entire lake on the Grand Belle, while enjoying a delicious plated lunch, with fascinating stories from an expert guide. Following our cruise, there will be time to shop and walk around Lake Geneva Wisconsin. Fee includes transportation, cruise, and lunch.

270264-01 W 6/24 9:15A-6P **\$104/\$135**



White Sox Bingo & Game

Spend the day at Guaranteed Rate Field where we will enjoy an all-you-can-eat buffet lunch, bingo with White Sox prizes, and then cheer on the Chicago White Sox from our first base line seats as they play the Boston Red Sox. Fee includes transportation, lunch, bingo, and the game.

270265-01 Th 7/9 10:15A-5P **\$95/\$123**

Elmhurst History Museum & Wilder Park Conservatory

Enjoy a guided tour of the exhibit, History of Her: Women Who Shaped Chicagoland as well as a tour of the exhibit, The Story of Elmhurst. We will have lunch at Pazzi Di Pizza across the street and then head to the nearby Wilder Park Conservatory and Gardens. This trip involves a lot of walking. Fee includes transportation, tour, and lunch.

270266-01 W 7/15 9:30A-5:30P **\$60/\$78**

Lake Michigan Lunch Cruise

We will travel by coach bus to Navy Pier where we will enjoy a lunch cruise on Lake Michigan. The views are amazing from the water, and our chef-prepared, plated lunch is sure to please. The boat has indoor and outdoor decks for your comfort. Fee includes transportation, cruise and lunch.

270267-01 Th 7/23 11A-4P **\$153/\$199**

Batavia Vintage Vibes

Warehouse 55, located in Batavia, is a unique collection of vintage finds, repurposed furnishings and one-of-a-kind accessories. We will be walking distance to other shops and antique stores. Fee includes transportation and lunch.

270268-01 Tu 7/28 9A-6P **\$56/\$73**

'Here We Go Again' Vintage

We will head to North Aurora and Naperville to revisit a few of our favorite antique and vintage shops, with a stop for lunch at Harner's Bakery and Cafe©. Fee includes transportation and lunch.

270271-01 W 8/12 9A-6P **\$56/\$73**

Wisconsin State Fair

Located outside of Milwaukee, the Wisconsin State Fair features 30 free stages, numerous educational exhibits, plenty of shopping -- both indoors and out -- and hundreds of food and beverage options. On our way back from the fair, we will make our usual stop at Kopp's Frozen Custard for a sweet treat. Fee includes transportation and the fair ticket. The cost of lunch and Kopp's are not included.

270270-01 M 8/10 9A-6P **\$30/\$38**

Brookfield Zoo

Our visit to the zoo will include a ride on the Motor Safari, where our guide will share zoo history along with information about the animals. There will also be free time to visit your favorite animals on your own. Fee includes transportation and zoo ticket. The cost of lunch is on your own.

270272-01 W 8/19 9:30A-5P **\$41/\$54**

Active Adults Parties at Oakton Community Center



Red White & Blue

BINGO LUNCHEON

Tuesday, July 14 - 12-2 p.m.

Join us as we celebrate summer with a red, white, and blue themed party! A buffet lunch followed by live entertainment will be provided. We will end the afternoon with bingo and prizes! Registration deadline: July 9.

\$20/\$25



Scan QR code or use code 261262-01 to register!



Summer

ICE CREAM SOCIAL & BINGO

Tuesday, August 18 - 1-2:30 p.m.

Say goodbye to summer with delicious ice cream sundaes and as many toppings as you can fit in your dish! We will also play an hour of bingo with prizes. Please register by August 13.

\$14/\$17




Scan QR code or use code 261263-01 to register!

ACTIVE ADULT LOUNGE

Active Adult 60+ Lounge Membership

Annual Membership Fees: **\$28**/\$35

The Lounge at the Oakton Community Center is available to members only. Membership offers unlimited use of the Lounge and coffee, a \$10 annual program voucher to use toward active adult exercise, parties or trips at the Oakton Center,

Reservations are required for use of the Lounge

Monday–Friday • 8:30 a.m.–5:30 p.m.

Call to make your reservation.
Hours are subject to change.



Lounge schedule

Monday

Laramie Bridge Club: 10:30 a.m.–1 p.m.

Mah Jong and Canasta are played Monday–Friday.



Skokie Health and Human Services Programs
Call (847) 933-8208 to schedule, or for more information.

All classes meet at Village Hall, 5127 Oakton St. unless otherwise noted.

Senior Health Insurance Program (SHIP)

The Senior Health Insurance Program (SHIP) offers year-round community education and free health insurance counseling to Medicare beneficiaries. Human Services staff and volunteers assist with choosing and enrolling in Medicare plans, as well as troubleshooting Medicare issues and claims.

Simple Wills

Free legal consultations are provided with matters related to Simple Wills, Powers of Attorney and Living Wills. Follow-up is provided for a small fee. Appointments are available for low-income seniors residing in Suburban Cook County.

Benefits Access Application Assistance

Offered through the Illinois Department on Aging, the Benefit Access Program qualifies households for a Secretary of State License Plate Discount, Seniors Ride Free Transit Benefit and Persons with Disabilities Ride Free Transit Benefit. To be eligible, an applicant must be at least 65 years old or disabled and demonstrate low income.

Lending Closet

The Lending Closet offers Skokie residents short-term use of wheelchairs, walkers, canes and crutches at no cost. A valid ID showing Skokie residency is required for all loans.

Skokie Park District Activities for Ages 60+

Pickleball



Open Pickleball at the Weber Center

Check our spring guide for available dates and times.
Drop-in fees: **\$7/\$9**

Drop-In Pickleball in the Parks

Outdoor courts available on a seasonal basis at Gleiss, Hamlin, Laramie, Lauth, Lawler, Lockwood, Lorel, Oakton, Schack and Terminal parks. Please be reminded that at any time our outdoor locations may be reserve for lessons.

Classes: visit skokieparks.org/pickleball

Aquatics



Skokie Water Playground

4701 Oakton St.
(847) 929-8203
Visitskokieparks.org/skokie-water-playground

Devonshire Aquatic Center

4400 Greenwood Street
(847) 929-7302
Visitskokieparks.org/devonshire-aquatic-center

Summer Group and Private lessons, and lap swim.
Visit skokieparks.org/swimming

Fitness First Health Club



9300 Weber Park Place
(847) 929-7600
Visit skokieparks.org/fitness-first

Located at the Weber Leisure Center, the Fitness First health club is a fully-equipped, and state-of-the-art fitness center that includes cardio with TVs, free weights and weight machines, certified personal trainers, an indoor track and gym, spin studio, and much more.

To see all Skokie Park District programs and events for all ages, go online to skokieparks.org/summer26

Devonshire Fine Arts



Devonshire Cultural Center

4400 Greenwood Street
(847) 674-1500, ext. 3200

Visit skokieparks.org/devonshire-cultural-center/

Drawing, painting, ceramics, sewing and drop-in studio.
Visit skokieparks.org/fine-arts

Golf



Weber Park Golf Course

Beautiful 9-hole, par-3 golf course, ideal for learning to play golf or working on your short game.

9350 Weber Park Pl.
(847) 929-8600

Visit skokieparks.org/weber-park-golf-course

Skokie Sports Park

Golf Range featuring TrackMan, Mini-Golf, Batting Cages, “The Bunker” Indoor Golf Simulator

3459 Oakton St.
(847) 929-8100

Visit skokieparks.org/skokie-sports-park

Skokie Heritage Museum



8031 Floral Ave.
(847) 929-8001

Learn about Skokie history. Sign up for senior yoga, private tours or workshops, and history, arts, and cultural programming. Would you like to volunteer or share a story about Skokie history with us? Email museum@skokieparks.org or call for information.

Visit skokieparks.org/skokie-heritage-museum

Trips | Clubs | Parties | Exercise | Classes | Free Programs for Skokie's Active Adults!

Monday

Movie & Popcorn: 1 p.m.

Laramie Bridge Club: 10:30 a.m.–1 p.m.

Mah Jong and Canasta are played
Monday–Friday.

Please contact
Janeen at (847) 933-4969
more information.



**Sign up for the Active Adult
Weekly Happenings Email!**

Email Janeen at
jagorelick@skokieparks.org
to be added to the list.

MOVIE & POPCORN

Mondays • 1 p.m.

Classic movies and new releases will
be shown. The schedule will be posted
online and by scanning the QR code
below. The movie schedule is also
available at Oakton Community Center!



**FREE
EVENT**

