

PRIME Times

Programs for Skokie Active Adults 60+ Fall 2026

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Registration Begins
Residents
August 15 at 8:30 a.m.

Non-Residents
August 22 at 8:30 a.m.



Oakton Community Center

ACTIVE ADULTS 60+

Oakton Community Center
4701 Oakton St., Skokie

Active Adult Programs
Low rate and sometimes free Active Adults 60+ activities feature drop-in programs, exercise classes, Monday Movies, card clubs, seasonal parties, wellness fairs, shopping trips, lunch and dinner outings, day trips, vacation getaways, Lounge Memberships, and more!

Register for programs and classes at skokieparks.org

Use the provided 8-digit codes to locate programs on our registration page.

Icon key:

One day program

Significant walking

New offering

Programs & Classes

All classes are for ages 60+ and are located at the Oakton Community Center.

Fall AARP Smart Driver Course

In this classroom refresher course, you must attend both Tuesday and Thursday classes. Visit the Oakton Community Center to register and reserve a spot. AARP members (\$20) and non-member (\$25) fees are paid to the instructor on the day of class; please bring a check made out to AARP. Call (847) 933-4969 for more information.

315246-01 Tu,Th 10/20 & 10/22 12-4P

Medicare 101 ①

If you are new to Medicare or close to your enrollment date or you have been a Medicare beneficiary for some time but never really understood your coverage, this free program will review the basics of Medicare coverage from A to D, offering an overview of the program and helping you make health care decisions for the future. Please register at least one week in advance to meet class minimum.

330261-01	Th	9/10	1-2P	free
330261-02	Th	10/8	1-2P	free
330261-03	Th	11/12	1-2P	free

Corned Beef on Rye:

Remembering Chicago's Jewish Delicatessens ①

A delightful new book, co-authored by Neal Samors and Eric Bronsky, celebrates Chicago's iconic Jewish delis through nostalgic recollections and interviews with food experts and deli owners. Eric will provide a visual tour of local delis past and present while discussing the overstuffed sandwiches, schmears and storytelling. These delis were more than just eateries; they were community gathering places and keepers of tradition. A sample of deli favorites will be served at 10:45, prior to Eric's presentation.



370264-01 Th 9/17 10:45A-12P **\$10/\$13**

Mah Jong

Learn the basics of the classic game American Mah Jong and meet others learning the game too! Bring your own Mah Jong card to class, which can be purchased at local Hallmark stores. Please pre-register at least one week in advance of the first class. Instructor: Dalya Horowitz

Beginning

315243-01	Th	9/3-9/24	11A-12:30P	\$40/\$52
315243-03	Th	10/1-10/22	11A-12:30P	\$40/\$52
315243-05	Th	10/29-11/19	11A-12:30P	\$40/\$52

Continuing

315243-02	Th	9/3-9/24	1-2:30P	\$40/\$52
315243-04	Th	10/1-10/22	1-2:30P	\$40/\$52
315243-06	Th	10/29-11/19	1-2:30P	\$40/\$52

Canasta Lessons

Canasta is a fun card game played with many variations. In this class, you will learn them all from beginner to advanced. Instructor: Rosemary Tate

333684-01	M	9/14-10/5	10-11:30A	\$40/\$52
333684-03	M	10/12-11/2	10-11:30A	\$40/\$52
333684-05	M	11/9-11/30	10-11:30A	\$40/\$52

Grandparents: Getting Started ①

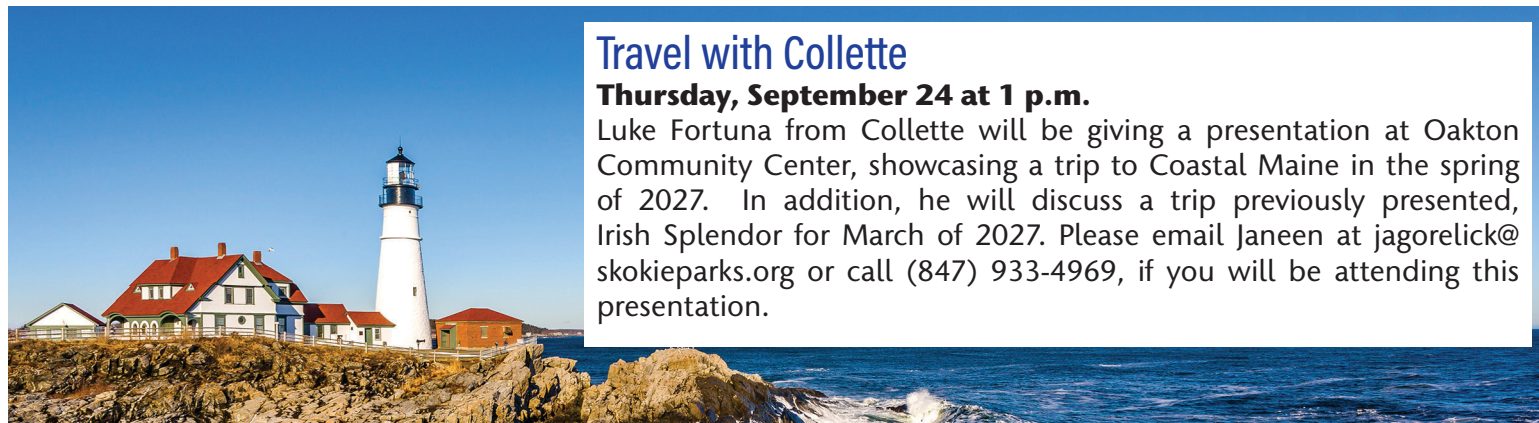
Stay confident and up-to-date while caring for your grandchildren. This course covers child and infant CPR, choking rescue, first aid, and injury management, along with tips for supporting healthy development and managing behavior. Participants also explore ways to build positive relationships and create lasting memories with their grandchildren.

350535-01	Tu	9/8	9:30-11:30A	\$50/\$63
350535-02	W	10/7	9:30-11:30A	\$50/\$63
350535-03	M	11/2	9:30-11:30A	\$50/\$63

Travel with Collette

Thursday, September 24 at 1 p.m.

Luke Fortuna from Collette will be giving a presentation at Oakton Community Center, showcasing a trip to Coastal Maine in the spring of 2027. In addition, he will discuss a trip previously presented, Irish Splendor for March of 2027. Please email Janeen at jagorelick@skokieparks.org or call (847) 933-4969, if you will be attending this presentation.



Lunch Bunch + Dining Out

All classes are for ages 60+ and depart from the Oakton Community Center unless otherwise noted.

Lunch Bunch 1

Experience a new lunch location each month. Fee includes transportation. Cost of lunch is on your own.

Dell Rhea's Chicken Basket-Willowbrook

Originally opened on historic Route 66 in the '40s, Dell Rhea's is famous for their fried chicken and lunch buffet.

333161-09 Tu 9/8 11A-3P **\$8/\$10**

5800 North Cafe - Chicago

A neighborhood restaurant that serves made from scratch breakfast and lunch.

333161-10 Tu 10/6 11:30A-2:30P **\$8/\$10**

Tom's Steak House- Melrose Park

Since 1952, Tom's has been serving charcoal grilled steaks and chops, along with fresh seafood, sandwiches, and salads.

333161-11 Tu 11/3 11:30A-2:30P **\$8/\$10**

City's Edge - Chicago

A friendly neighborhood kitchen and tap that offers a wide variety of food featuring barbecue and other American plates.

333161-12 Tu 12/1 11:30A-2:30P **\$8/\$10**

Dining Out Trips 1

Venture to various restaurants in Chicagoland. Fee includes transportation. The cost of dinner is on your own.

A Thousand Tales - Mount Prospect

A cozy destination for authentic Turkish and Mediterranean flavors, where every dish tells a story

370862-09 Th 9/24 4:30-8P **\$8/\$10**

Stonewood Ale House- Schaumburg

Contemporary alehouse serving flavorful wood-grilled specialties like burgers, BBQ, steaks, chicken and seafood.

370862-10 Th 10/29 4:30-8P **\$8/\$10**

L. Woods Tap & Pine Lodge-Lincolnwood

Experience the nostalgia of a Northwoods supper club with a menu featuring American classics and barbecue specialties.

370862-11 Th 11/19 4:30-8P **\$8/\$10**

Psistaria Greek Taverna- Lincolnwood

Open since 2005, Psistaria serves an authentic Greek menu with local fresh ingredients.

370862-12 Th 12/17 4:30-8P **\$8/\$10**



Monthly Mall Trips 1

Monthly Mall Trips

Travel to a new shopping spot each month. Fee includes transportation only.

IKEA-Schaumburg

333162-01 Tu 9/29 9:30A-4P **\$8/\$10**

Aurora Premium Outlet

333162-02 Tu 10/20 9:30A-4P **\$8/\$10**

Fashion Outlets-Rosemont

333162-03 Tu 11/10 9:30A-4P **\$8/\$10**

Exercise at Oakton for Ages 60+

All classes are for ages 60+ and are located at the Oakton Community Center unless otherwise noted.

Oakton Tai Chi Chih

Tai Chi Chih explores moving meditation, relaxing the body, refreshing the mind and promoting health and longevity. Improve your weight, blood pressure, balance, flexibility & coordination. Instructor: Alla Meerson.

Beginning

354563-01 Tu 9/8-12/15 12:30-1:45P **\$110/\$137**

Continuing

354563-02 Tu 9/8-12/15 11A-12:15P **\$110/\$137**

Zumba

Combining high-energy music with unique and easy-to-follow moves, Zumba is designed for the active adult, including beginners. Improve coordination and balance with this fun workout. No class November 27. Instructor:

Ruben Zapata

355467-01 F 9/11-12/18 1:30-2:30P **\$102/\$127**

355467-02 W 9/9-12/16 10:15-11:15A **\$110/\$137**

Easy Does It

Join us for stretching and bending of both the upper and lower body. Class is taught by a volunteer senior instructor. No class November 27.

355462-01 M,F 9/11-12/18 10:15-11:15A **\$10/\$13**

Dynamic Strength & Balance

This class offers a combination of standing and chair exercises, with low impact cardio movement, standing balance work and seated work using bands, hand weights and balls. The last ten minutes of class will offer both seated and standing stretching. Perfect for those that want a combination workout. Use of the chair is optional. No class November 26. Instructor: Joanie Bayhack

355463-01 Th 9/10-12/17 2:15-3:15P **\$102/\$127**

BeMoved

A dance experience designed for people of all fitness levels and abilities; no dance experience is required. Get a full body workout choreographed to wonderful music. It's easy to follow, gentle on the body and nourishes your body, heart and soul. Instructor: Joanie Bayhack

355464-01 Tu 9/8-12/15 10-11A **\$110/\$137**

Cardio, Strength & Stretch

This low impact aerobics and sculpting class is designed for mature adults who want a full body workout combined with great music and a variety of exercises. You will work every muscle group using light weights, low impact aerobics, and chair workouts. No class November 27.

Instructor: Janis Argianas

355465-01 M,W,F 9/9-12/18 9-10A **\$283/\$352**

355465-02 M 9/14-12/14 9-10A **\$102/\$127**

355465-03 W 9/9-12/16 9-10A **\$110/\$137**

355465-04 F 9/11-12/18 9-10A **\$102/\$127**

Move & Groove Line Dance

Get your feet moving and your body grooving as you flow to the rhythms of soul, pop, Latin, and a little bit of country. This beginner class is an introduction to line dance and perfect for those returning to, or just beginning, their dance journey. Emphasis will be on proper step techniques and how to combine them, foot placement and learning to flow with the music. Line dancing is a fun way to exercise your brain, work on balance, improve your stamina and memory, all with low impact to your joints. If you can count to eight, you can line dance! Instructor: Pat Bernard

355466-01 Th 9/10-12/17 6-7P **\$102/\$127**



Breakfast Bingo

Tuesday, September 15

10–11:30 a.m.

Celebrate the beginning of fall with a continental breakfast followed by bingo.



\$14/\$17

Register for program
#361263

Halloween Bingo Party & Luncheon

Tuesday, October 27 • 12–2 p.m.

Join us for a fun afternoon of live entertainment, a lunch buffet, and bingo. Don't forget to dress up!
Register by October 23.



\$20/\$25

Register for program
#361261

Birthday Party Bingo

Tuesday, November 17

12–1:30 p.m.

Featuring traditional birthday treats including birthday cake and ice cream as well as pizza for a light lunch. We'll finish with one hour of bingo and prizes. Please register no later than November 12.



\$14/\$17

Register for program
#315244

Holiday Sweater Bingo Party & Luncheon

Tuesday, December 15 • 12–2 p.m.

Wear your most festive sweater and accessories to this year's holiday party. The afternoon will consist of live entertainment, lunch buffet, bingo and prizes.

Register by December 10.



\$20/\$25

Register for program
#361262



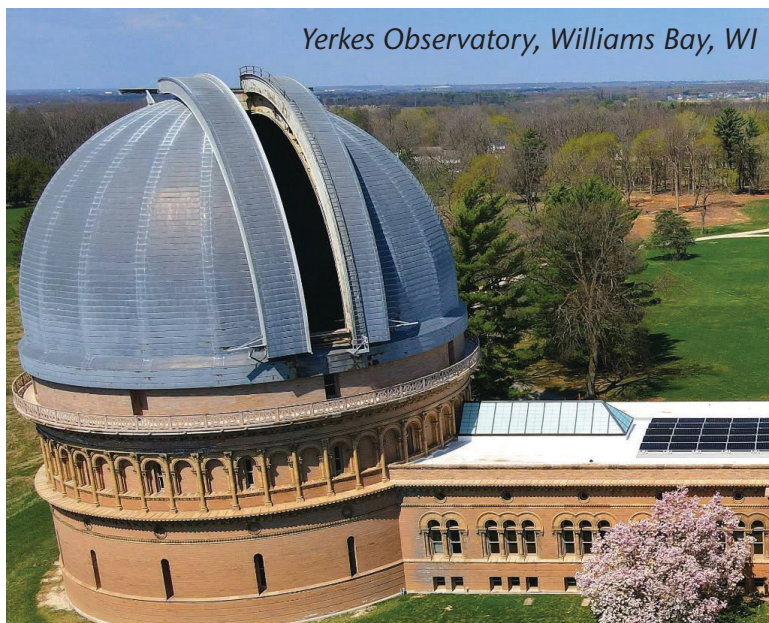
Mentalist Jym Elders

For more than 20 years, Jym Elders has been amazing audiences with his show. Having a life-long fascination with the paranormal and all things mysterious, he utilizes his background in psychology, theatre, comedy and magic to create a show that is both mesmerizing and memorable. You don't want to miss this show! Lunch will be served before the show. Location: Oakton Community Center

370262-01 Th 10/22 12-2:30P \$25/\$37

Day Trips

All classes are for ages 60+ and depart from the Oakton Community Center unless otherwise noted.



Yerkes Observatory, Williams Bay, WI

SC Johnson Tour

We will travel to Racine, Wisconsin for a tour that offers a close, in-depth look at SC Johnson's inspired architecture as well as an understanding of the legendary partnership between third-generation company leader H.F. Johnson, Jr., and the renowned architect Frank Lloyd Wright. The tour features the Frank Lloyd Wright-designed Administration Building and the Research Tower, as well as Foster + Partners-designed Fortaleza Hall, which includes the Timeline Tunnel, the SC Johnson Gallery: Furniture Done Wright and The Lily Pad gift shop. This 90-minute tour involves a lot of walking, standing and stairs. Following our tour, we will have a delicious buffet lunch at Birchwood Grill, included in the fee.

370648-01 Th 9/10 8:30A-4:30P **\$46/\$59**

Yerkes Observatory

During this 90-minute guided tour at Yerkes Observatory in William Bay, Wisconsin, the guides will discuss the history and architecture of the Observatory, the famous astronomers who worked here and the ongoing restoration of this iconic landmark. The Space & Spaces tour is an award-winning experience. The tour visits the largest refracting telescope in the world in the Big Dome, the historic libraries, the architectural splendor of the Hagenah Rotunda, and the exquisite observatory's exterior. This tour involves stairs and a lot of walking and there is no elevator. Fee includes transportation, the tour, and lunch.

370649-01 Tu 9/22 9A-5:30P **\$114/\$148**

Jersey Girls

Three vocal powerhouses, three unique voices, three distinct singing styles coming together as one at The Des Plaines Theatre. This national touring act has performed in more than 30 states and was featured at the Paris Hotel in Las Vegas, as well as on multiple TV shows and programs throughout the country. A tribute to iconic divas with a twist of disco groove, and your favorite oldies-but-goodies, this show is a must see for anyone who loves to dance and appreciates good music! Fee includes transportation from the Oakton Community Center, lunch and the show.

370650-01 W 9/30 10A-4P **\$111/\$144**

Lake County Festival of Arts & Crafts

The Lake County Fair grounds in Grayslake features one of the area's largest indoor arts and crafts shows, with more than 200 booths and showcasing some of the most talented crafters in the industry. We will stop for lunch before the fair. Fee includes transportation and your ticket. The cost of lunch is on your own.

370651-01 F 10/2 11:30A-6P **\$20/\$26**

Mean Girls at the Paramount Theatre

Based on the iconic Tina Fey film, Mean Girls is a hilarious musical with heart, telling the story of Cady Heron, a sweet and smart new girl who's just moved from Africa to suburban Illinois. When she enters the wild world of North Shore High, she quickly finds herself tangled up with The Plastics, the school's most popular and most ruthless clique, led by queen bee Regina George. As Cady tries to fit in, she learns that popularity comes with a price and that revenge can get ugly fast. Fee includes transportation, lunch and the show.

370652-01 W 10/7 10A-6P **\$105/\$136**

Feed My Starving Children

Volunteer at Feed My Starving Children in Schaumburg. This one-of-a-kind experience will impact hundreds of children in just two hours of your time. You will hand pack rice, soy, dried vegetables, and a blend of vitamins and minerals into bags that are sealed, boxed, and shipped all over the world to the neediest children. No jewelry is allowed in the facility packing room, except wedding bands. After packing, we will go to lunch at The Royal Buffet. The fee includes transportation and lunch. FMSC accepts donations.

370653-01 Tu 10/13 8A-3P **\$37/\$46**

Lake Lawn Queen Boat Tour

Experience the beauty of Wisconsin's autumn season with a Fall Colors Tour on Delavan Lake. As the crisp air sets in and the leaves transform into a brilliant palette of crimson, gold, and amber, there's no better way to take in the views than from the water. This 90-minute boat tour offers a front row seat to the seasonal splendor surrounding Delavan Lake's historic shoreline. Cruise past lakeside homes, serene, wooded landscapes, and vibrant foliage mirrored in the calm waters. Fee includes transportation, tour and lunch following the tour.

370654-01 Th 10/15 9A-5P **\$79/\$103**

China Lights

With more than 40 sets of larger-than-life handmade lantern displays, the Boerner Botanical Garden in Hales Corner, WI, will be transformed into a magical forest. The China Lights Festival honors the art, skill, and beauty of long-established Chinese Lantern Festivals celebrated across Asia for the last 400 years. (This is ¾-mile self-led tour has some uneven surfaces.) Food vendors, serving Asian and Western cuisine, will offer dinners for purchasing. Fee includes transportation and your ticket. Dress for the weather, this is an outdoor event.

370655-01 W 10/21 3:30A-9:30P **\$38/\$49**

White Pines: Tom Jones Tribute

Travel to Mount Morris, Illinois to see this fantastic tribute. John Truncali, who has been dubbed "The Italian Tom Jones" will bring you hits from Mr. Jones himself as well as other popular musicians! Before the show, we will enjoy the White Pines delicious buffet. Fee includes transportation, lunch and the show.

370656-01 Th 11/5 8:30A-6P **\$100/\$129**

College of DuPage Culinary School

On this unique trip, we will enjoy a delicious meal of fresh, seasonal, American food prepared by the students of the College of DuPage Culinary School in Glen Ellyn. Menus in this class are designed to reinforce basic skills and techniques that newer students learned in the previous semester. The menu for our lunch will be available two weeks before our visit. Those enrolled will have the menu sent to them via email. Fee includes transportation and lunch.

370661-01 W 11/11 9:45A-2:30P **\$37/\$48**

Benson Corners

Join us as we travel to antique malls in Bristol, Wisconsin and find something unique for your home or as a gift! We will stop for a late lunch at nearby Birchwood Grill. Fee includes transportation and lunch.

370658-01 M 11/30 9A-5P **\$40/\$52**

A Christmas Carol at the Paramount

Rediscover the magic of the holiday season with A Christmas Carol, the timeless heartwarming tale that reminds us of the true spirit of Christmas. Ebenezer Scrooge, a bitter and lonely miser, is visited on Christmas Eve by three ghosts who take him on a journey through his past, present, and future. Filled with laughter, redemption, and the most memorable characters in literature, the show has been adapted specifically for the Paramount stage, and enriched with live music. Fee includes transportation, lunch, and the show.

370659-01 W 12/2 10A-6P **\$105/\$136**

Shipshewana: Ship Chic & Lights of Joy



We will travel by coach bus to Shipshewana, Indiana and go to the Ship Chic Holiday Craft Show, have lunch at an Amish home, have some free time in downtown Shipshewana, and experience 'Lights of Joy,' a drive through holiday light show with more than two million lights. Fee includes coach bus transportation, craft show ticket, lunch, and ticket to Lights of Joy. Please note that this is roughly a 2.5 hour drive each way with rest stop, and involves a lot of walking in Shipshewana.

370660-01 Sa 12/5 7:30A-9:30P **\$133/\$172**

Grand Victoria Casino

Floating on the picturesque Fox River, the Grand Victoria Casino in beautiful Elgin treats players to 700 slots, classic Vegas-style table games, and gaming promotions and giveaways that you'll love. The casino also includes award-winning restaurants for food lovers. Each player will receive \$10 in free slot play. Fee includes transportation only; the cost of lunch and gambling is on your own.

370657-01 W 12/9 9:30A-4P **\$20/\$26**

ACTIVE ADULT LOUNGE

Active Adult 60+ Lounge Membership

Annual Membership Fees: **\$28**/\$35

The Lounge at the Oakton Community Center is available to members only. Membership offers unlimited use of the Lounge and coffee, a \$10 annual program voucher to use toward active adult exercise, parties or trips at the Oakton Center,

Reservations are required for use of the Lounge

Monday–Friday • 8:30 a.m.–5:30 p.m.

Call to make your reservation.
Hours are subject to change.



Lounge schedule

Monday

Laramie Bridge Club: 10:30 a.m.–1 p.m.

Mah Jong and Canasta are played Monday–Friday.



Skokie Heath and Human Services Programs
Call (847) 933-8208 to sechedule, or for more information.

All classes meet at Village Hall, 5127 Oakton St. unless otherwise noted.

Senior Health Insurance Program (SHIP)

The Senior Health Insurance Program (SHIP) offers year-round community education and free health insurance counseling to Medicare beneficiaries. Human Services staff and volunteers assist with choosing and enrolling in Medicare plans, as well as troubleshooting Medicare issues and claims.

Simple Wills

Free legal consultations are provided with matters related to Simple Wills, Powers of Attorney and Living Wills. Follow-up is provided for a small fee. Appointments are available for low-income seniors residing in Suburban Cook County.

Benefits Access Application Assistance

Offered through the Illinois Department on Aging, the Benefit Access Program qualifies households for a Secretary of State License Plate Discount, Seniors Ride Free Transit Benefit and Persons with Disabilities Ride Free Transit Benefit. To be eligible, an applicant must be at least 65 years old or disabled and demonstrate low income.

Lending Closet

The Lending Closet offers Skokie residents short-term use of wheelchairs, walkers, canes and crutches at no cost. A valid ID showing Skokie residency is required for all loans.

Skokie Park District Activities for Ages 60+

Pickleball



Open Pickleball at the Weber Center

Check our spring guide for available dates and times.
Drop-in fees: **\$7/\$9**

Drop-In Pickleball in the Parks

Outdoor courts available on a seasonal basis at Gleiss, Hamlin, Laramie, Lauth, Lawler, Lockwood, Lorel, Oakton, Schack and Terminal parks. Please be reminded that at any time our outdoor locations may be reserve for lessons.

Classes: visit skokieparks.org/pickleball

Aquatics



Skokie Water Playground

4701 Oakton St.
(847) 929-8203
[Visitskokieparks.org/skokie-water-playground](https://visitskokieparks.org/skokie-water-playground)

Devonshire Aquatic Center

4400 Greenwood Street
(847) 929-7302
[Visitskokieparks.org/devonshire-aquatic-center](https://visitskokieparks.org/devonshire-aquatic-center)

Summer Group and Private lessons, and lap swim.
Visit skokieparks.org/swimming

Fitness First Health Club



9300 Weber Park Place
(847) 929-7600
Visit skokieparks.org/fitness-first

Located at the Weber Leisure Center, the Fitness First health club is a fully-equipped, and state-of-the-art fitness center that includes cardio with TVs, free weights and weight machines, certified personal trainers, an indoor track and gym, spin studio, and much more.

To see all Skokie Park District programs and events for all ages, go online to skokieparks.org/summer26

Devonshire Fine Arts



Devonshire Cultural Center

4400 Greenwood Street
(847) 674-1500, ext. 3200

Visit skokieparks.org/devonshire-cultural-center/

Drawing, painting, ceramics, sewing and drop-in studio.
Visit skokieparks.org/fine-arts

Golf



Weber Park Golf Course

Beautiful 9-hole, par-3 golf course, ideal for learning to play golf or working on your short game.

9350 Weber Park Pl.
(847) 929-8600

Visit skokieparks.org/weber-park-golf-course

Skokie Sports Park

Golf Range featuring TrackMan, Mini-Golf, Batting Cages, "The Bunker" Indoor Golf Simulator

3459 Oakton St.
(847) 929-8100

Visit skokieparks.org/skokie-sports-park

Skokie Heritage Museum



8031 Floral Ave.
(847) 929-8001

Learn about Skokie history. Sign up for senior yoga, private tours or workshops, and history, arts, and cultural programming. Would you like to volunteer or share a story about Skokie history with us? Email museum@skokieparks.org or call for information.

Visit skokieparks.org/skokie-heritage-museum

Trips | Clubs | Parties | Exercise | Classes | Free Programs for Skokie's Active Adults!

Monday

Movie & Popcorn: 1 p.m.

Laramie Bridge Club: 10:30 a.m.–1 p.m.

Mah Jong and Canasta are played
Monday–Friday.

Please contact
Janeen at (847) 933-4969
more information.



**Sign up for the Active Adult
Weekly Happenings Email!**

Email Janeen at
jagorelick@skokieparks.org
to be added to the list.

MOVIE & POPCORN

Mondays • 1 p.m.

Classic movies and new releases will
be shown. The schedule will be posted
online and by scanning the QR code
below. The movie schedule is also
available at Oakton Community Center!



**FREE
EVENT**

