

Please contact Coach Mir Rahim to determine your skill level. MRahim@SkokieParks.org | 847-674-1500 ex: 2154

## **SKILL LEVEL**

### **2.0 Skill Level**

Has taken Skokie Park District beginners lesson (or demonstrate equivalent knowledge)

Moves around court in balanced, safe manner

Gets some serves “in”, perhaps not regularly

Realizes aspects of score-keeping, rules and where to stand on court serve, receipt of serve and general play

Has some basic stroke skills

### **2.5 Skill Level**

Able to Serve “in” more regularly

Knows two-bounce rule and demonstrates it most times

Knows where to stand on the court during serve, receipt of serve and general play

Is mastering keeping scores

Attempts to dink but not always effective at it

Working on their form for groundstrokes, accuracy is variable

Can keep the ball in play longer

Sometimes lobs with forehand with varying degrees of success

### **3.0 Skill Level**

Knows the fundamental rules and can keep score

Regularly gets serve “in” to mid court or deeper

Dinks mostly in opponents kitchen and is dinking lower over the net

Able to sustain dinking in the game

Using both forehand and backhand on returns and forehand on overhand returns

Working at keeping the serve deep and return of serve deep

Moves quickly towards the non-volley zone when opportunity is there

Trying to make flatter returns (where appropriate)

Aware of partner’s position on the court and moving as a team

Developing more power and/or softness in their shots

Somewhat un-dimensional player working at broadening their playing repertoire

### **3.5 Skill Level**

Demonstrate a broad knowledge of the rules of the game

Gets a high majority of serves in deep and return serves deep

Often hits to the weak side of the opponent

Demonstrate strategies of playing during games

Actively works with partners in communicating, covering court, moving to net

With varying consistency executes: lobs, forehand/backhand ground strokes, overheads, net volleys, and sustained dinking

Some use of drop shots to get to the net

Specifically places shots rather than just hitting shots anywhere

Selective mixing up soft shots with power shots to create an advantage

Hits fewer balls out of bounds or in the net

Make few unenforced errors per game

Demonstrates ability to intentionally play in offensive mode

Self-correcting after play is over

Demonstrates extended periods of multi-dimensional play