



## **Pickleball COVID-19 Rules and Guidelines**

### ***Facility Rules***

- Maintain physical distancing as best as you can on court
- Players are recommended to play with masks, especially when playing doubles
- Players must wear mask off courts
- Players must maintain physical distancing off court

### ***Before Play***

- Wash your hands with soap and water and bring personal use hand sanitizer to the courts.
- Clean and wipe down your paddles and water bottles.
- Do not share paddles or any other equipment or clothing.
- Bring a full personal use water bottle(s) and avoid touching or using public water fountains.
- Consider wearing gloves to the courts and avoid touching court gates, fences, benches, etc.
- Also consider wearing gloves during play to avoid picking up pickleballs with your hands.
- Use new pickleballs and a new grip or fresh tape on your paddle handle if possible.
- Coordinate with your play group so that each person serves with a different color ball. If multiple colors are not an option, use a sharpie and prominently mark personal pickleballs with your initials.

### ***During Play***

- Adhere to social gathering and distancing policies according to local, state, and federal authorities. Limit your distance to six feet or more to other players.
- Avoid contact with others, such as hand shaking and high fives.
- Group size counts should include players and staff, and account for transition periods between sessions.
- Limit or stagger playing groups throughout open play schedule and consider alternate days for various groups.
- Use outdoor courts/spaces whenever possible.
- Consider playing singles only for six-foot social distancing.
- If you do elect to play doubles, consider playing with only those who reside within your household.
- Adhere to CDC guidelines by not touching your face (after handling a ball or paddle).
- Consider using hand sanitizer between games.
- Wash your hands after each match.
- Use your paddle and foot to pick up pickleballs and transfer them to your opponent. If utilizing a raised net, hit the ball under the net to your opponent.
- Avoid changing ends of the court.
- Maintain proper social distancing from other players in between games and during time outs

### ***End of Play***

- Leave the court as soon as reasonably possible.
- Wash your hands or use hand sanitizer immediately after your match is over.
- Avoid post play socializing.
- Avoid locker rooms and changing area –proceed home.
- Thoroughly wash your paddles, grips, pickleballs, towels, clothes, bags, water bottles, and other items you have used or touched.