

# “Stay at Home” Online Peace School Classes Seven Days a Week

SUN 6:00 – 6:30 pm **Peace Breathing Meditation** with Master Kim and the Peace School team  
Follow along as they lead us, “inhale thinking *world*, exhale thinking *peace*”  
<https://zoom.us/j/708037984> ID: 708 037 984

MON 6:00 – 6:25 pm **Peace Breathing Meditation** with Master Kim and the Peace School team  
6:30 – 7:30 pm **Peace Yoga Level 3** with Master Kim  
Join both classes at <https://zoom.us/j/636016233> ID: 636 016 233

TUE 6:00 – 6:25 pm **Peace Breathing Meditation** with Master Kim and the Peace School team  
6:30 – 7:15 pm **Peace Yoga Level 1+2** with Diane Vanaria  
Join both classes at <https://zoom.us/j/385959576> ID: 385 959 576

WED 6:00 – 6:25 pm **Peace Breathing Meditation** with Master Kim and the Peace School team  
6:30 – 7:30 pm **Peace Yoga Level 3** with Master Kim  
Join both classes at <https://zoom.us/j/354188566> ID: 354 188 566

THU 10:00 – 11:00 am **Peace Yoga Level 1+2 Hybrid** with Jennifer Kim  
45 minutes of Level 1, followed by 15 minutes of Level 2 moves  
<https://zoom.us/j/401154834> ID: 401 154 834  
6:00 – 6:30 pm **Peace Breathing Meditation** with Master Kim and the Peace School team  
<https://zoom.us/j/505367542> ID: 505 367 542

FRI 6:00 – 6:30 pm **Peace Breathing Meditation** with Master Kim and the Peace School team  
Master Kim will also give a weekly talk  
Have questions for Master Kim? Email them to [info@peaceschool.org](mailto:info@peaceschool.org)  
<https://zoom.us/j/987791289> ID: 987 791 289

SAT 10:00 – 10:45 am **Peace Yoga Level 1** with Jennifer Kim  
<https://zoom.us/j/339765960> ID: 339 765 960  
11:00 – 12:00 pm **Peace Yoga Level 3** with Master Kim  
<https://zoom.us/j/339765960> ID: 339 765 960 (same as Peace Yoga 1)  
6:00 – 6:30 pm **Peace Breathing Meditation** with Master Kim and the Peace School team  
<https://zoom.us/j/827717936> ID: 827 717 936



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