



Kids ages 2-16 will learn to play a variety of sports or learn more advanced skills, all while having fun! CDC guidelines will be followed for indoor sports, with six-foot social distancing and class sizes limited to ten participants per class. Masks are required at all times.

### Click on class numbers below to register!

#### **Adult-Tot Soccer**

Parents and tots work together in this class, learning the basics of soccer. Dribbling, passing, shooting and kicking will all be emphasized. A variety of activities designed around the game of soccer will be played each week. No Class 11/29.

Age: 2-4 Location: Weber Leisure Center

<u>353820-02</u>	Su	11/1-12/13	9a-9:45a	\$96/\$120
353820-04	M	11/2-12/14	9:30a-10:15a	\$112/\$140

## **Adult-Tot Sports**

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. No Class 11/28 & 11/29.

Age 2-4 Location: Weber Leisure Center

350426-02 350426-04 350426-06	Sun	11/1-12/13	11a-11:45a	\$96/\$120
	Sat	11/7-12/19	9a-9:45a	\$96/\$120
	М	11/2-12/14	10:30a-11:15a	\$112/\$120

# **Sports and More**

Children are introduced to the fundamentals of such sports as soccer, t-ball, basketball, floor hockey and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. No Class 11/26.

Age: 3-5 Location: Weber Leisure Center

**350422-02** Th 11/5-12/17 5p-5:45p \$96/\$120

## **Double Play**

The program will alternate each week between two sports. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting. No Class 11/26.

Age: 3-5 Location: Weber Leisure Center

353817-02 Th 11/5-12/17 3p-3:45p \$96/\$120

# **Mini Ninja Warriors**

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement-based class will challenge your Ninja to maneuver over and under objects.

Age: 3-5 Location: Weber Leisure Center

**350531-02** M 11/2-12/18 3p-3:45p \$112/\$140

#### **T-Ball Skills Clinic**

This introductory T-Ball program is perfect for your child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. All you need to bring is a glove and sports attire. No Class 11/28.

Age: 4-6 Location: Weber Leisure Center

**354221-04** Sa 11/7-12/19 12p-12:45p \$96/\$120

#### Lil & Pro Dribblers

Children are introduced to the game of basketball in a safe, fun and exciting environment. Our curriculum use age appropriate activities and games specifically designed to increase balance, body awareness, motor skills and hand eye coordination. As children progress through the program, they acquire listening skills and have a fun introduction to following directions. These skills will benefit your child on the court, in the classroom but most importantly throughout their life! No Class 11/28 & 11/29.

Location: Weber Leisure Center

Lil' Dribblers Ages 3-5

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<u>350821-02</u>	Tu	11/3-12/15	3:15p-4p	\$112/\$140
Pro Dribblers Age	s 4-6			
350821-04	Su	11/1-12/13	12p-12:45p	\$96/\$120
<u>350821-06</u>	Sa	11/7-12/19	10a-10:45a	\$96/\$120

#### **Pee Wee Soccer**

Younger player develops not only their soccer skills but also gains confidence, coordination, motor skills and communication. The program uses age-appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more. Each class is designed to develop endurance, promote good sportsmanship and teamwork. No Class 11/27, 11/28 & 11/29.

Location: Weber Leisure Center

Age: 3-5

353821-02	F	11/6-12/18	3:15p-4p	\$96/\$120
353821-08	Sa	11/7-12/19	11a-11:45a	\$96/\$120
Ages: 4-6				
353821-04	Su	11/1-12/13	10a-10:45a	\$96/\$120

#### **Soccer Skills Clinic 101**

Children are introduced to the fundamentals of soccer tactics such as passing the ball, attack and defense moves, keeping the ball away from and taking the ball from the opposing team. Children learn to score and prevent goals. At this age the focus starts to change from simple games to organized, tactical, competitive games. No Class 11/27.

Age: 6-9 Location: Weber Leisure Center

<u>353823-02</u>	Tu	11/3-12/15	4:15p-5p	\$112/\$140
<u>353823-04</u>	F	11/6-12/18	4:15p-5p	\$96/\$120

### **Soccer Skills Clinic 201**

The clinic's specific technique training involve strength and placement shooting, landing on shooting foot, precision passing, settling the ball with various body parts, properly heading the ball, and other offensive and defensive skills. Most importantly, players are taught game concepts that will improve their decision-making.

Age: 9-14 Location: Weber Leisure Center

350541-02 Tu 11/3-12/15 5:15p-6p \$112/\$140

#### **Basketball Skills Clinic 101**

Get a head start on developing essential basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. Each class includes Hot Shots Sports instruction as well as structured games. This class is for the basketball beginner looking to understand the game, learn new skills, and have a ball! No Class 11/28.

Age: 6-9	Location: Weber Leisure Center				
<u>350822-02</u>	M	11/2-12/14	4p-4:45p	\$112/\$140	
<b>350822-04</b>	W	11/4-12/16	4p-4:45p	\$112/\$140	
<u>350822-06</u>	Sa	11/7-12/19	1p-1:45p	\$96/\$120	

#### **Basketball Skills Clinic 201**

In Basketball Clinic Level II, basketball players start applying their individual skills to the team game. Fundamentals will continue to be developed, with a focus on proper shooting mechanics. Participants are also introduced to offensive concepts, such as screens and moving without the ball, and defensive skills, such as proper defensive stance and man-to-man defense.

Age: 8-12	Location: Weber Leisure Center				
<u>350823-02</u>	M	11/2-12/14	5p-5:45p	\$112/\$140	
<u>350823-04</u>	W	11/4-12/16	5p-5:45p	\$112/\$140	

## **Total Sports**

Total Sports not only teaches children the basic skills of playing a particular sport, it also teaches them skills needed to work with one another as teammates, and to accept each individual as a valuable player. Some of the sports taught and played include soccer, kickball, t-ball, floor hockey, basketball and more. No class 11/26.

Age: 5-8	Location	i: weber Leisure Center		
350423-02	Th	11/5-12/17	4p-4:45p	\$96/\$120

## **Volleyball Skills Clinic 1**

Participants receive instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Knee pads are recommended. No Class on 11/27

Ages: 6-9	Location	Weber Leisure Center		
350431-02	F	11/6-12/18	5:15p-6p	\$96/\$120

### **Volleyball Skills Clinic 2**

This clinic focuses on progressing all skills including, transitioning from free ball, offense, defense, and developing specific positions. This is a great opportunity for players to enhance their skill level and knowledge of the game. Kneepads are recommended. No Class 11/27.

Ages: 7-10	Location:	Weber Leisure Center		
<u>350431-04</u>	F	11/6-12/18	6:15p-7p	\$96/\$120

#### **NERF Elite Battle**

Grab some friends to battle it out in the Weber Center Gym. We will play many different Nerf Elite battle games with targets and battles. Come experience this Classic basement game in an arena style team game. All nerf equipment, nerf darts and eye protection will be provided. You can bring your own nerf equipment or eye wear if you want. No Class 11/26

Age: /-12	Location:	weber Leisure Center		
350428-04	Th	11/5-12/17	6p-6:45p	\$96/\$120

# **NEW!** Build Your Own Sports Class

Not seeing a class that fits your schedule? Looking for a customized gym or sports enrichment program? Contact us, and we will build a sports class for your children that fits their schedule! Great for Homeschooled children. Contact Kim Wilson at kawilson@skokieparks.org.

Ages: 3-16 Location: Weber Leisure Center

11/1 to 12/19

2-8 participants \$20/child/class9-15 participants \$16/child/class

Questions? Contact Kim Wilson at <a href="mailto:kawilson@skokieparks.org">kawilson@skokieparks.org</a>.

