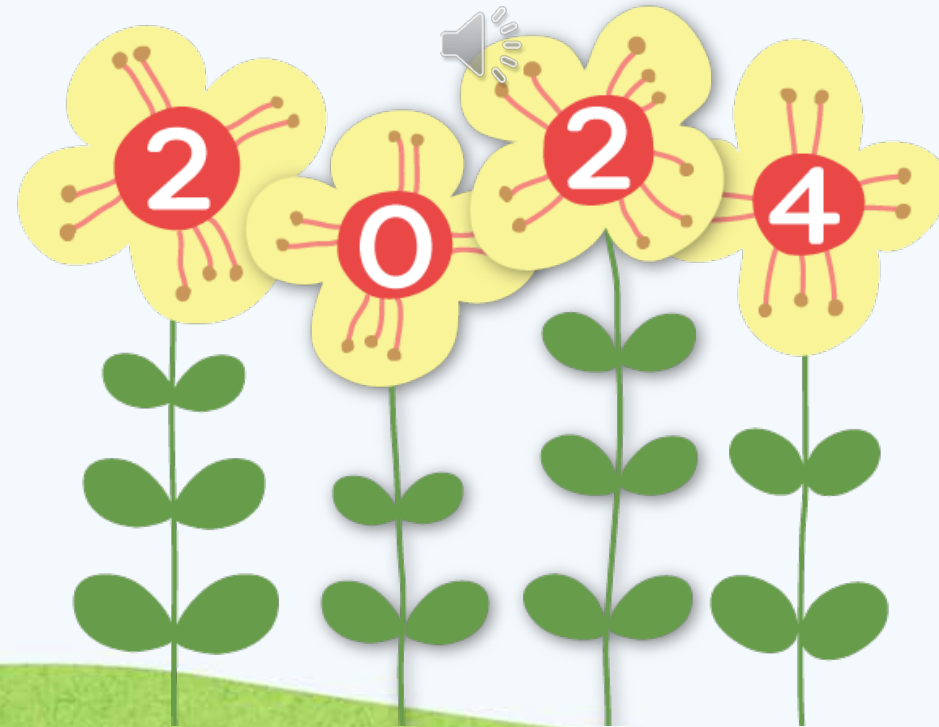




Summer Camp

Virtual Open House



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Chat on this Virtual
Camp Open House*

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FIGURE SKATING CAMP

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- **Age Range: 6-13**
- **Location: Skatium Ice Arena/Party Room**
- **Rainsite Location: Skatium Ice Arena**
- **Camper to Staff Ratio: Depends on age/skating level**
- **Extended Site: Weber**
- **Supervisor Contact Information: *Christine Hathaway***
- **Chathaway@skokieparks.org / 847-929-7925**



CAMP SPECIFIC GOALS

- *Beginner Skaters:*
Develop confidence on skates
- *Basic Skaters:* *Improve skating skills via the LTS USA Curriculum*
- *Free Skate Skaters:*
Increase endurance, improve skating quality, and develop jump and spin technique
- *Have fun on the ice!*



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Skating Camp hosts 30-50 kids per week.

Campers are divided by skating level.

Groups are further subdivided on the ice and assigned a camp coach.

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GENERAL DAILY SCHEDULE

- **Camp drop off: 8:15am**
- **On Ice until 9:30am**
- **Off Ice 9:45-11:15am**
- **Lunch at 11:15am**
- **On Ice 12:00pm-1:30pm**
- **Half Day Pickup 1:00pm**
- **Off Ice 1:30-4:00pm**
- **Full Day Pick up at 4:00pm**



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WEEKLY AFTERNOON SCHEDULE

1:30-4:00pm

- **Mondays: Classic Bowl**
- **Tuesdays: Skokie Water Playground**
- **Wednesdays: Field Trips/Movies**
- **Thursdays: Devonshire Aquatic Center**
- **Fridays: Emerson Park/Studio Games/Arts & Crafts**

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Beginner Skaters

- *Marching and gliding*
- *Safely falling and getting up*
- *Swizzles*
- *Dips*
- *Scooter pushes*
- *Backward wiggles*
- *2 hours of ice time per day*

If your camper has never skated before, we recommend only enrolling in one week of Figure Skating Camp.

Rental Skates are included in your registration fee.



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Basic Level Skaters

Basic Level Skaters can move through multiple levels if they enroll in several weeks of camp. (Basic 3-6)



- *Crossovers*
- *Turns*
- *Lunges*
- *Spirals*
- *Forward Stroking*
- *Bunny Hops*
- *2 hours of ice time per day*

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Free Skate Skaters

- Power Class
- Flow/Edge Class
- Jumps
- Spins
- Off Ice Conditioning



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What to bring to camp:

- **On ice clothes: Sweatshirt, leggings/pants, gloves, socks, skates, guards, all regular skating gear**
- **Rental skates are available and part of your registration**
- **Off Ice clothes: T-shirt, shorts, athletic shoes**
- **Lunch, snack, water bottle, sunscreen**

- **On Swimming Days (Tue/Thu): Swimsuit, towel, sandals**

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Friday
Exhibitions at
12:30pm

All campers will be part of a skating exhibition every Friday. Friends and family are invited to watch!

We also invite elite level skaters to perform for our camp each week.

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Field Trips/Special Guests



Ultimate Ninja Gym



**Minor League
Baseball Game**



Animal Quest

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Tentative Field Trips/Special Guests:

- **Minor League Baseball Game**
- **Lincoln Park Zoo**
- **Funtopia**
- **Ultimate Ninja Gym**
- **Animal Quest**
- **Foam Party**
- **Santa's Village**

On Wednesday afternoons when there is no field trip, we watch a movie in the studio rink.

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Swimming and Pool Rules

District Wide Pool Policies:

- All campers, regardless of height, will be required to take the swimming test if they wish to have access to all areas of the pool.
- To pass the swimming test, the camper is required to swim the length of the pool without any breaks. The Skokie Park District's staff will determine 'pass' or 'fail' and will record it.
- Campers that do not take the swimming test or do not pass the swimming test will be issued a wristband. Campers issued a wristband should remain in shallow water. This is determined as water shallower than their own armpits.
- Campers that pass the swimming test can have access to all areas in the pool. This consists of water deeper than their own armpits, slides, and diving boards
- Swimming tests will be supervised by lifeguards and camp staff.
- Swimming tests will be available to campers every visit to the pool.
- Campers are welcome to retake the swim test as many times as they like to try.
- If the camper is in multiple camps, the camper will be required to take the test at each camp for which they are registered.
- Along with lifeguards, camp staff will be in and around the pool to provide extra supervision and monitor the wristbands.
- Campers will be asked to use the buddy system while swimming at the pool and using the locker room bathrooms. Buddies should have similar swim ability (update according to your own camp rules).



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Camp Communication

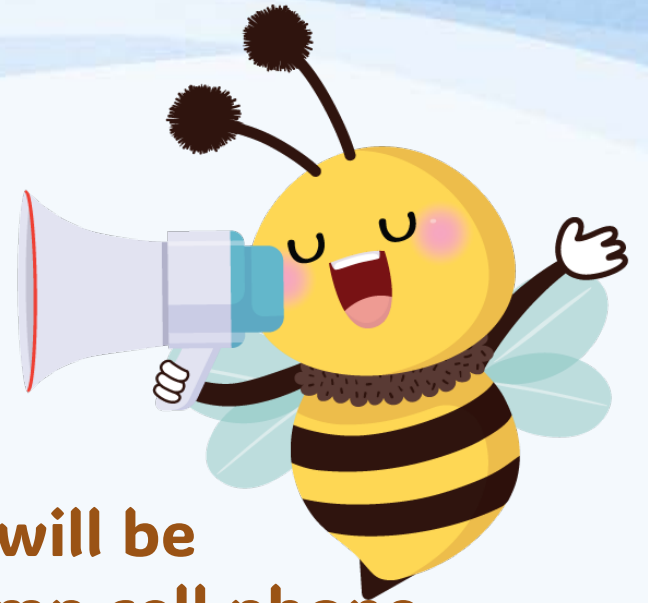
Camp App



- Reminders for:
- Special Events
- Pool Days
- Daily Pictures

Camp Cell Phones

- Camp Director will be carrying the camp cell phone. Call/text for late arrival or early pick up.



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