

# Fitness First Membership rates as of May 1, 2024

Resident Monthly Membership Rates		Non-Resident Monthly Membership Rates	
Fitness First Individual Resident	\$40	Fitness First Individual Non-Resident	\$49
Fitness First Couple Resident	\$60	Fitness First Couple Non-Resident	\$74
Fitness First Family Resident	\$88	Fitness First Family Non-Resident	\$110
Fitness First Junior Individual Resident	\$33	Fitness First Junior Individual Non-Resident	\$39
Fitness First Senior Individual Resident	\$33	Fitness First Senior Individual Non-Resident	\$39
Fitness First Senior Couple Resident	\$46	Fitness First Senior Couple Non-Resident	\$56

Resident Yearly Membership Rates		Non-Resident Yearly Membership Rates	
Fitness First Yearly Individual Resident	\$410	Fitness First Yearly Individual Non-Resident	\$513
Fitness First Yearly Couple Resident	\$617	Fitness First Yearly Couple Non-Resident	\$772
Fitness First Yearly Family Resident	\$920	Fitness First Yearly Family Non-Resident	\$1,151
Fitness First Yearly Junior Individual Resident	\$307	Fitness First Yearly Junior Individual Non-Resident	\$384
Fitness First Yearly Senior Individual Resident	\$307	Fitness First Yearly Senior Individual Non-Resident	\$384
Fitness First Yearly Senior Couple Resident	\$484	Fitness First Senior Couple Non-Resident	\$606

Pilates Member Rates		Pilates Non-Member Rates	
Initial Consult	\$23	Initial Consult	\$23
Pilates Single Solo Session Member	\$65	Pilates Single Solo Session Non-member	\$80
Pilates 5-Pack solo Member	\$300	Pilates 5-Pack Solo Non-Member	\$376
Pilates Single Duet Member	\$87	Pilates Single Duet Non-Member	\$109
Pilates 5-Pack Duet Member	\$382	Pilates 5-Pack Duet Non-Member	\$478
Pilates Single Trio Member	\$98	Pilates Single Trio Non-Member	\$124
Pilates 5-Pack Trio Member	\$458	Pilates 5-Pack Trio Non-Member	\$573
Pilates Single Quad Member	\$110	Pilates Single Quad Non-Member	\$138
Pilates 5-Pack Quad Member	\$503	Pilates 5-Pack Quad Non-Member	\$629

Personal Training Member Rates		Personal Training Non-Member Rates	
Single half hour session PT Member	\$37	Single Half Hour Session PT Non-Member	\$46
5-Pack half hour sessions PT Member	\$162	5 Pack half hour sessions PT Non-Member	\$203
Single one hour session PT Member	\$48	Single one hour Session PT Non-Member	\$60
5-Pack one hour sessions PT Member	\$216	5-Pack one Hour Sessions PT Non-Member	\$271
Single one hour couple session PT Member	\$72	Single One Hour couple session PT Non-Member	\$91
5-Pack Couple Session PT Member	\$326	5-Pack Couple Session PT Non-Member	\$407

Massage Therapy Member Rates		Massage Therapy Non-Member Rates	
Massage Therapy half hour Member	\$42	Massage Therapy Half Hour Non-Member	\$54
Massage Therapy 5Pack half hour member	\$193	Massage Therapy 5-Pack half hour Non-Member	\$242
Massage Therapy single One hour session Memb	\$60	Massage therapy Single One Hour Session Non-memb	\$75
Massage Therapy 5-Pack One hour session Mem	\$271	Massage Therapy 5-Pack One Hour Session Non-Mem	\$339
Massage therapy single 90min session Member	\$76	Massage therapy Single 90 min Sesion Non-Member	\$96
Massage Therapy 5-Pack 90min Session member	\$344	Massage therapy 5-Pack 90 Min Session Non-Membe	\$430

First Responder Rates			
Skokie Fire	\$0		
Skokie Police	\$0		
Non-Res First Responder	\$20	Non-Res First Responder Yearly	\$235

Skokie Business Rates Monthly		Corporate Membership Yearly	
Skokie Business	\$43	Skokie Business Yearly	\$454